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# The One Who Strengthens Me

Philippians 4:13

# Philippians 4:10-14 NKJV

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10 But I rejoiced in the Lord greatly that now at last your care for me has flourished again; though you surely did care, but you lacked opportunity. 11 Not that I speak in regard to need, for I have learned in whatever state I am, to be content: 12 I know how to be abased, and I know how to abound. Everywhere and in all things I have learned both to be full and to be hungry, both to abound and to suffer need. **13 I can do all things through Christ who strengthens me.** 14 Nevertheless you have done well that you shared in my distress.

# The One Who Strengthens Me

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- What can be done by His strength
- How much could done by His strength
- How strong is He?

# Philippians 4:13 NKJV

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I can do **all things** through Christ who strengthens me.

# What Can Be Done Through Christ

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- Perform Great Deeds

## Romans 15:17-24 NKJV

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Therefore I have reason to glory in Christ Jesus in the things which pertain to God. 18 For I will not dare to speak of any of those things which Christ has not accomplished through me, in word and deed, to make the Gentiles obedient-- 19 in mighty signs and wonders, by the power of the Spirit of God, so that from Jerusalem and round about to Illyricum I have fully preached the gospel of Christ.



Britain  
Londinium

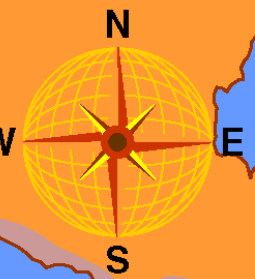
Belgica  
Cologne

Lutetia

Germania

Gaul

Sarmatia



Atlantic Ocean

Dacia

Black Sea

Spain

Tarshish?

Gades

Italy

Rome

Pompey

Illyricum

Moesia

Macedonia

Thrace

Byzantium

Pontus

Armenia

Carthage

Africa

Actium

Delphi

Achaia

Athens

Syracuse

Pergamum

Bithynia

Cappadocia

Tarsus

Syria

Great Sea  
(Mar Nostrum)

Damascus

Jerusalem

Mauretania

Numidia

Cyrene

Cyrenaica

Alexandria

Egypt

Nabatea

Red Sea

## Romans 15:17-24 NKJV

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20 And so I have made it my aim to preach the gospel, not where Christ was named, lest I should build on another man's foundation, 21 but as it is written: "TO WHOM HE WAS NOT ANNOUNCED, THEY SHALL SEE; AND THOSE WHO HAVE NOT HEARD SHALL UNDERSTAND." 22 For this reason I also have been much hindered from coming to you. 23 But now no longer having a place in these parts, and having a great desire these many years to come to you, 24 whenever I journey to Spain, I shall come to you. For I hope to see you on my journey, and to be helped on my way there by you, if first I may enjoy your company for a while.



# What Can Be Done Through Christ

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- Perform Great Deeds
- Endure Great Hardships

## 2 Corinthians 11:23-28 NKJV

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23 Are they ministers of Christ?--I speak as a fool--I am more: in labors more abundant, in stripes above measure, in prisons more frequently, in deaths often. 24 From the Jews five times I received forty stripes minus one. 25 Three times I was beaten with rods; once I was stoned; three times I was shipwrecked; a night and a day I have been in the deep; 26 in journeys often, in perils of waters, in perils of robbers, in perils of my own countrymen, in perils of the Gentiles, in perils in the city, in perils in the wilderness, in perils in the sea, in perils among false brethren; 27 in weariness and toil, in sleeplessness often, in hunger and thirst, in fastings often, in cold and nakedness-- 28 besides the other things, what comes upon me daily: my deep concern for all the churches.

## 2 Corinthians 12:10 NKJV

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10 Therefore I take pleasure in infirmities, in reproaches, in needs, in persecutions, in distresses, for Christ's sake. For when I am weak, then I am strong.

# What Can Be Done Through Christ

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- Perform Great Deeds
- Endure Great Hardships
- Overcome Great Evil

# Acts 17:22-31 NKJV

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Then Paul stood in the midst of the Areopagus and said, "Men of Athens, I perceive that in all things you are very religious; 23 for as I was passing through and considering the objects of your worship, I even found an altar with this inscription: TO THE UNKNOWN GOD. Therefore, the One whom you worship without knowing, Him I proclaim to you: ... 29 Therefore, since we are the offspring of God, we ought not to think that the Divine Nature is like gold or silver or stone, something shaped by art and man's devising. 30 Truly, these times of ignorance God overlooked, but now commands all men everywhere to repent, 31 because He has appointed a day on which He will judge the world in righteousness by the Man whom He has ordained. He has given assurance of this to all by raising Him from the dead."

# 1 Timothy 1:12-17 NKJV

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And I thank Christ Jesus our Lord who has enabled me, because He counted me faithful, putting me into the ministry, 13 although I was formerly a blasphemer, a persecutor, and an insolent man; but I obtained mercy because I did it ignorantly in unbelief. 14 And the grace of our Lord was exceedingly abundant, with faith and love which are in Christ Jesus. 15 This is a faithful saying and worthy of all acceptance, that Christ Jesus came into the world to save sinners, of whom I am chief. 16 However, for this reason I obtained mercy, that in me first Jesus Christ might show all longsuffering, as a pattern to those who are going to believe on Him for everlasting life. 17 Now to the King eternal, immortal, invisible, to God who alone is wise, be honor and glory forever and ever. Amen.

# Philippians 4:13 NKJV

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**I can** do all things through Christ who strengthens me.

# Him Who Strengthens Me

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- What can be done by His strength
- How much could done by His strength



# How Much of What We Do is Through Christ's Strength

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- Every Good Thing

## Romans 15:17-24 NKJV

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Therefore I have reason to **glory in Christ** **Jesus** in the things which pertain to God. 18 For I will not dare to speak of any of those things which **Christ** has not accomplished through me, in word and deed, to make the Gentiles obedient-- 19 in mighty signs and wonders, **by the power of the Spirit of God**, so that from Jerusalem and round about to Illyricum I have fully preached the gospel of Christ.

# 1 Corinthians 15:8-10 NKJV

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8 Then last of all He was seen by me also, as by one born out of due time. 9 For I am the least of the apostles, who am not worthy to be called an apostle, because I persecuted the church of God. 10 But **by the grace of God I am what I am**, and His grace toward me was not in vain; but I labored more abundantly than they all, **yet not I**, but the grace of God which was with me.

# Galatians 2:20 NKJV

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I have been crucified with Christ; **it is no longer I who live, but Christ lives in me**; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

# Doing It Through Christ's Strength

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- According to His will
- In His way
- For His name's sake
- To His glory
- By His power

# Ecclesiastes 9:10 NKJV

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Whatever your hand finds to do, do it with your might; for there is no work or device or knowledge or wisdom in the grave where you are going.

# The One Who Strengthens Me

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- How much could done by His strength
- How strong is He?

# Philippians 4:13 NKJV

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I can do all things through Christ who strengthens me.



# The One Who Strengthens Me

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- The creator of all things
- The redeemer of all mankind
- The Divine Son of God
- The performer of great wonders
- He can, therefore we can

## John 14:12-14 NKJV

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"Most assuredly, I say to you, he who believes in Me, the works that I do he will do also; and greater works than these he will do, because I go to My Father. 13 And whatever you ask in My name, that I will do, that the Father may be glorified in the Son. 14 If you ask anything in My name, I will do it.

# Philippians 4:13 NKJV

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I can do all things through Christ who strengthens me.

# What Can Be Done Through Christ

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